

Course Information

Course code:	PSYC1010
Course title:	Introduction to Psychology
Study level:	BA
Offering college:	College of Arts and Sciences

Course Description

This course introduces students to psychology as a broad empirical science of mind, brain, behavior, and experience. Students examine major areas of psychology, including biological, cognitive, developmental, social/personality, and mental and physical health perspectives, while learning how psychologists ask questions, evaluate evidence, and distinguish scientific claims from unsupported explanations. The course provides a foundation for later psychology study and helps students apply psychological concepts to everyday, professional, and societal issues.

Credits and Requirements

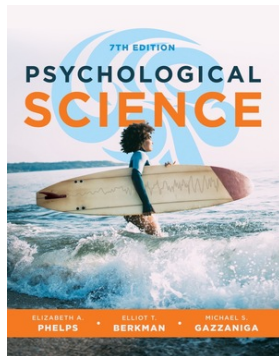
Credit value:	2
Credit allocation:	Lecture/Classroom-based instruction: 2 credits (30 contact hours)
Required or elective:	Required
Pre-requisite(s):	None

Course Learning Outcomes

Upon completion of this course, students will be able to:

- **CLO 1: Identify** basic concepts and research findings.
 - **CLO 2: Solve** problems using psychological methods.
 - **CLO 3: Provide** examples of psychology's integrative themes.
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Textbook(s)



Phelps, E. A., Berkman, E. T., & Gazzaniga, M. S. (2022). *Psychological Science* (7th ed.). W. W. Norton & Company.

Library Link

Matrix (Contribution Level of CLOs to PLOs)

This course contributes to the following Program Learning Outcomes (PLOs) and Performance Indicators (PIs):

PLO 2: Analyze human psychology by applying psychological knowledge and principles.

- PI 2.1: Analyze psychological phenomena using knowledge of the anatomy and functioning of the human nervous system.
- PI 2.2: Analyze behavioral phenomena with an appropriate level of complexity, identifying the interactions between psychological, biological, social, and cultural factors.
- PI 2.3: Analyze the formation and development of personality based on knowledge of human psychological development.

PLO 3c: Apply psychological knowledge to address challenges of clients.

- PI 3c.1: Analyze challenges of clients using psychological knowledge.
- PI 3c.2: Apply psychological knowledge to propose solutions for challenges of clients.

PLO 4a: Apply psychological principles and skills effectively in counseling and educational contexts.

- PI 4a.3: Skillfully select and implement counseling processes and effectively use measurement tools for clients.

PLO 9: Demonstrate professional ethics and social responsibility as both a professional and a citizen.

- PI 9.1: Approach local and global challenges in research, professional practice, and civic life with personal integrity and intellectual rigor.
- PI 9.2: Adhere to ethical standards in psychological practice, research, and community engagement, demonstrating respect for diversity and a commitment to social responsibility.

	Foundational Knowledge			Prof. Knowl.		Skills	Attitude	
	PLO2			PLO3c		PLO4a	PLO9	
CLO	PI 2.1	PI 2.2	PI 2.3	PI 3c.1	PI 3c.2	PI 4a.3	PI 9.1	PI 9.2
1	I	I						
2		I	I	I	I	I		
3				I	I	I	I	I

(*) I – Introduced, R – Reinforced/practiced, M – Mastery

Assessment in Alignment with Course Learning Outcomes

Assessment Task	Weighting (%)	Formative/Summative	Due (week)	CLOs mapping
Quizzes	10	Summative	—	1
Group project	40	Formative	14	2, 3
Final exam	50	Summative	—	1, 2, 3

Topics Covered

- Psychology as a science
 - Research methods in psychology
 - Biological psychology
 - Cognitive psychology
 - Developmental psychology
 - Personality and social psychology
 - Mental and physical health
 - Ethics
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Person Preparing this Description and Date

Dr. Mikhail Spektor, 15 September 2026